

WELLNESS COMMITTEE MINUTES

October 5, 2023 @ 2:30pm.

1. Grant from IT to investigate an events page for Wellness Committee.
2. Staff contest for Wellness Committee Logo. Celebrate the logo with logo cookies.
3. Candy gram sales are in effect and seem to be popular with staff.
4. Email to all staff has been sent about themed dress up for Halloween. Possible pizza for a group with the best theme.
5. Get commitment of downpayment from staff for bus trip to Toronto Christmas Winter Village and finalize list of staff participating.
6. Firm up bus trip with busing company.
7. Smoking cessation promotion for staff once all information has been provided.
8. Upcoming events: November – Bus trip to Toronto Winter Village, December – support a Fairhaven family or family from Peterborough Community.

Attendees: Chair Julie Burridge, Melissa Sainsbury, Rhonda Lusic, Josee Delisle, Diana Hobbins, Kristine Wallace, Stephanie McRae