

## **WELLNESS COMMITTEE MINUTES**

**September 7, 2023 @ 1pm.**

1. Wellness Hot Dog/pop Fundraiser – made \$393.00, supplies \$194.88, profit \$198.12.
2. October – Candy grams to be sold at reception starting on Monday October 2<sup>nd</sup>. Will sell until Tuesday October 31<sup>st</sup>. Price to be determined once candy has been purchased.  
Themed dress up day October 31<sup>st</sup>. Each RHA and department come up with a theme.
3. September 27<sup>th</sup> meet to put bags together for candy grams.
4. Reception to print tags for the candy grams.
5. Rhonda looking for bag on Open a Party website.
6. Julie – email staff to pick a theme for Halloween.
7. Josee - email staff about smoking cessation program.
8. Rhonda finding out interest in shopping trip to Toronto Winter Village (Christmas Market).
9. Julie will email CUPE/ONA to put on social media for the upcoming event.
10. Upcoming events: November – smoking cessation, Fall prevention, December – Bus trip to Toronto Winter Village (Christmas Market) Thursday November 30th.

Attendees: Chair Julie Burridge, Ariana Horning, Adam King, Melissa Sainsbury, Rhonda Lusic, Josee Delisle, Christie Hubble, Diana Hobbins, Carolyn Jones, Lisa Vollerling