

# September 2024



## Riverside Special Care Calendar Resident Programs Staff- Elizabeth & Susan

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
9:45am Morning Stretch 10:30am Hymn Sing 2:00pm Garden Time 3:30pm Social Group	9:45am Chores 10:30am Brain Games 2:00pm Garden Time 3:30pm Sensory Group	10:30am Fun with Food 2:00pm Tovertafel Projector 3:30pm Spa and Social	9:45am Morning Mindfulness 10:30am Active Game 3:00pm Book Club	9:45am Music & Memories 10:30am Sing-Along 2:00pm Bingo 3:45pm Spiritual Group	9:45am News & Views 10:30am Looking Good! 2:00pm Trivia 3:30pm Sensory Cart	9:45am Music & Memories 10:30am Creative Time 2:00pm Outdoor Walks 3:30pm Balloon Volleyball
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
9:45am Morning Stretch 10:30am Garden Time 2:30pm Worship Service - Great Room 3:30pm Social Group	9:45am Chores 10:30am Brain Games 2:00pm Garden Time 3:30pm Sensory Group	10:30am Fun with Food 2:00pm Tovertafel Projector 3:30pm Spa and Social	9:45am Morning Mindfulness 10:30am Active Game 3:00pm Book Club	9:45am Music & Memories 10:30am Sing-Along 11:30am Chair Zumba 2:00pm Bingo	9:45am News & Views 10:30am Looking Good! 2:00pm Trivia <b>4:00pm Fairhaven Carnival - Front Entrance</b>	9:45am Music & Memories 10:30am Creative Time 2:00pm Outdoor Walks 3:30pm Balloon Volleyball
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
9:45am Morning Stretch 10:30am Hymn Sing 2:00pm Garden Time 3:30pm Social Group	9:45am Chores 10:30am Brain Games 2:00pm Garden Time 3:30pm Sensory Group	10:30am Fun with Food 2:00pm Tovertafel Projector 3:30pm Spa and Social	9:45am Morning Mindfulness 10:30am Active Game 3:00pm Book Club	9:45am Music & Memories 10:30am Chair Zumba 2:00pm Bingo	9:45am News & Views 10:30am Looking Good! 2:00pm Trivia 3:30pm Sensory Cart	9:45am Music & Memories 10:30am Creative Time 2:00pm Outdoor Walks 3:30pm Balloon Volleyball

**\*\*All programs & events are subject to change\*\***

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
9:45am Morning Stretch 10:30am Garden Time 2:30pm Worship Service - Great Room 3:30pm Social Group	9:45am Chores 10:30am Brain Games 2:00pm Garden Time 3:30pm Sensory Group	10:15am Anglican Communion Service 10:30am Fun with Food 2:00pm Tovertafel Projector 2:30pm <i>Tim Horton's Coffee and Donuts</i> 3:30pm Spa and Social	9:45am Morning Mindfulness 10:30am Active Game 3:00pm Book Club	9:45am Music & Memories 10:30am Chair Zumba 2:00pm Bingo	9:45am News & Views 10:30am Looking Good! 2:00pm Trivia 3:30pm Sensory Cart	9:45am Music & Memories 10:30am Creative Time 2:00pm Outdoor Walks 3:30pm Balloon Volleyball
<b>29</b>	<b>30</b>					
9:45am Morning Stretch 10:30am Hymn Sing 2:00pm Garden Time 3:30pm Social Group	<b>ORANGE SHIRT DAY</b> 9:45am Chores 10:30am Brain Games 2:00pm Garden Time 3:30pm Sensory Group					

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