



May 2026

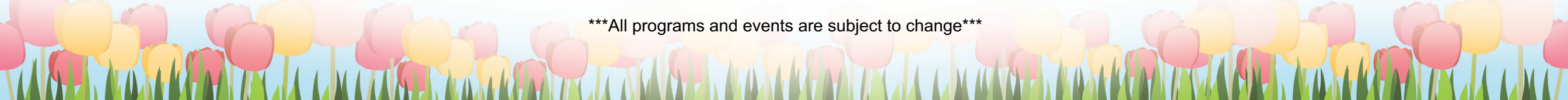


Level 4
Resident Programs Staff - Navjot & Anshi

Mental Health Week May 4th - May 10th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:45am Plant Care- RS4 10:30am Bingo WV4 Dining Room 2:00pm Wellness Walks	2 10:00am Hymn Sing RS4 11:00am Social Games- WV4 2:00pm Music & Memories 3:00pm Social Pub - Great Room
3 10:00am Baking- WV4 11:15am Social Group- RS4 2:30pm Worship Service with Penny Carson - Great Room 4:00pm Balcony Social- RS4	4 10:00am Spa & Social- WV4 11:00am Balloon Toss- RS4 2:30pm Brain Games- RS4 3:30pm Creative Time- WV4	5 Cinco de Mayo 10:00am Fun & Fitness- WV4 11:00am Card Bingo- RS4 2:00pm Outdoor Walks 6:45pm Bingo	6 10:00am Resident Council Meeting Great Room 10:00am Spa & Social- RS4 11:00am Trivia- WV4 2:30pm Pixie Projector- RS4 3:30pm Sing Along- WV4	7 10:00am Gardening- WV4 11:00am Sing Along- RS4 2:30pm Roman Catholic Mass Great Room 3:30pm Active Game- RS4	8 9:45am Plant Care- RS4 10:30am Bingo WV4 Dining Room 2:00pm Wellness Walks 3:30pm 1:1 Visits	9 10:00am Hymn Sing RS4 11:00am Social Games- WV4 2:00pm Music & Memories 3:00pm BlueJays Social Pub Great Room
10 Mother's Day 10:30am Mother's Day Social Tea Great Room 2:30pm Worship Service with Penny Carson - Great Room 4:00pm Balcony Social- RS4	11 9:45am Giant Tiger Outing **Sign Up Only** 2:30pm Brain Games- RS4 3:30pm Creative Time- WV4	12 10:00am Fun & Fitness- WV4 11:00am Card Bingo- RS4 2:00pm Outdoor Walks 6:45pm Bingo	13 10:00am Spa & Social- RS4 11:00am Trivia- WV4 2:30pm Pixie Projector- RS4 3:30pm Sing Along- WV4	14 10:00am Pen Pal Visit Great Room 10:00-11:00 2:30pm Roman Catholic Mass Great Room 3:30pm Active Game- RS4	15 9:45am Plant Care- RS4 10:30am Bingo WV4 Dining Room 2:00pm Wellness Walks 3:30pm 1:1 Visits	16 10:00am Hymn Sing RS4 11:00am Social Games- WV4 2:00pm Music & Memories 3:00pm Social Pub - Great Room

All programs and events are subject to change





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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 10:00am Baking- WV4 11:15am Social Group- RS4 2:30pm Worship Service with The Weavers - Great Room 4:00pm Balcony Social- RS4	18 Victoria Day 10:00am Spa & Social- WV4 11:00am Balloon Toss- RS4 2:30pm Brain Games- RS4 3:30pm Creative Time- WV4	19 10:00am Fun & Fitness- WV4 11:00am Card Bingo- RS4 2:00pm Outdoor Walks 6:45pm Bingo	20 10:00am Spa & Social- RS4 11:00am Trivia- WV4 2:30pm Pixie Projector- RS4	21 10:00am Gardening- WV4 2:30pm Roman Catholic Mass Great Room 3:30pm Active Game- RS4	22 9:45am Plant Care- RS4 10:30am Bingo WV4 Dining Room 2:00pm Wellness Walks 3:30pm 1:1 Visits	23 10:00am Hymn Sing RS4 11:00am Social Games- WV4 2:00pm Music & Memories 3:00pm BlueJaysSocial Pub Great Room
24 10:00am Baking- WV4 11:15am Social Group- RS4 2:30pm Worship Service with Joe Dimovski - Great Room 4:00pm Balcony Social- RS4	25 10:00am Spa & Social- WV4 11:00am Balloon Toss- RS4 2:30pm Brain Games- RS4 3:30pm Creative Time- WV4	26 10:00am Fun & Fitness- WV4 11:00am Card Bingo- RS4 2:00pm Outdoor Walks 6:45pm Bingo	27 10:00am Spa & Social- RS4 11:00am Trivia- WV4 2:30pm Music with Don V Great Room	28 10:30am Music with Bob RS4 Dining Room 2:30pm Roman Catholic Mass Great Room 3:30pm Active Game- RS4	29 9:45am Plant Care- RS4 10:30am Bingo WV4 Dining Room 2:00pm Wellness Walks 3:30pm 1:1 Visits	30 10:00am Hymn Sing RS4 11:00am Social Games- WV4 2:00pm Music & Memories 3:00pm Social Pub - Great Room
31 10:00am Baking- WV4 11:15am Social Group- RS4 2:30pm Group Hymn Sing Great Room 4:00pm Balcony Social- RS4						

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