



May 2026

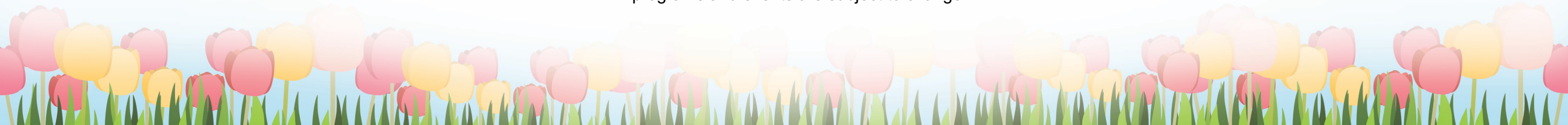


Westview 5 Calendar
Resident Programs Staff- Laura & Paul

Mental Health Week May 4th - May 10th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:00am Meditation Group 11:00am Creative Time 2:00pm Wellness Walks	2 10:00am Creative Time 11:00am Board Games 3:00pm Social Pub - Great Room
3 10:00am Baking 2:30pm Worship Service with Penny Carson - Great Room 3:30pm 1:1 Visits	4 10:00am Spa & Social 11:00am Pixie Projector 2:15pm Board Games 3:30pm Armchair Travel	5 Cinco de Mayo 1:30pm Brain Games 2:30pm Sing Along 3:45pm Men's Group 6:45pm Bingo	6 10:00am Gardening 10:00am Resident Council Meeting Great Room 11:00am Outdoor Walks 2:00pm 1:1 Visits 3:00pm Social Pub - WV2	7 10:00am Active Game 11:00am Hymn Sing 2:30pm Roman Catholic Mass Great Room 3:45pm Music & Memories	8 10:00am Meditation Group 11:00am Creative Time 2:00pm Wellness Walks	9 10:00am Morning Stretch 11:00am Board Games 3:00pm BlueJays Social Pub Great Room
10 Mother's Day 10:30am Mother's Day Social Tea Great Room 2:30pm Worship Service with Penny Carson - Great Room 3:30pm 1:1 Visits	11 10:00am Spa & Social 11:00am Pixie Projector 2:15pm Board Games 3:30pm Armchair Travel	12 1:30pm Brain Games 2:30pm Sing Along 3:45pm Men's Group 6:45pm Bingo	13 10:00am Gardening 11:00am Outdoor Walks 2:00pm 1:1 Visits 3:00pm Social Pub - WV2	14 10:00am Pen Pal Visit Great Room 10:00-11:00 2:30pm Roman Catholic Mass Great Room 3:45pm Music & Memories	15 10:00am Meditation Group 11:00am Creative Time 2:00pm Wellness Walks	16 10:00am Creative Time 11:00am Board Games 3:00pm Social Pub - Great Room

All programs and events are subject to change





May 2026



Westview 5 Calendar
Resident Programs Staff- Laura & Paul

Mental Health Week May 4th - May 10th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17	18	19	20	21	22	23
10:00am Baking 2:30pm Worship Service with The Weavers - Great Room 3:30pm 1:1 Visits	Victoria Day 10:00am Spa & Social 11:00am Pixie Projector 2:15pm Board Games 3:30pm Armchair Travel	1:30pm Brain Games 2:30pm Sing Along 3:45pm Men's Group 6:45pm Bingo	10:00am Gardening 11:00am Outdoor Walks 2:00pm 1:1 Visits	10:30am Music with Bob WV5 Dining Room 2:30pm Roman Catholic Mass Great Room 3:45pm Music & Memories	10:00am Meditation Group 11:00am Creative Time 2:00pm Wellness Walks	10:00am Morning Stretch 11:00am Board Games 3:00pm BlueJaysSocial Pub Great Room
24	25	26	27	28	29	30
10:00am Baking 2:30pm Worship Service with Joe Dimovski - Great Room 3:30pm 1:1 Visits	10:00am Spa & Social 11:00am Pixie Projector 2:15pm Board Games 3:30pm Armchair Travel	1:30pm Brain Games 2:30pm Sing Along 3:45pm Men's Group 6:45pm Bingo	10:00am Gardening 11:00am Outdoor Walks 2:00pm 1:1 Visits 2:30pm Music with Don V Great Room	10:00am Active Game 11:00am Hymn Sing 2:30pm Roman Catholic Mass Great Room 3:45pm Music & Memories	10:00am Meditation Group 11:00am Creative Time 2:00pm Wellness Walks	10:00am Creative Time 11:00am Board Games 3:00pm Social Pub - Great Room
31						
10:00am Baking 2:30pm Group Hymn Sing Great Room 3:30pm 1:1 Visits						

All programs and events are subject to change

